



**Relais  
Nordik inc.**

**Press Release**

**For Immediate Release**

**M/V Bella Desgagnés' schedule adjusted due to the speed reduction directive issued  
by the federal government**

**Rimouski, Avril 29, 2019** — Relais Nordik, operator of the coastal supply ship service for Anticosti Island and the Lower North Shore, announced today that the Company must adjust its schedule in order to comply with the directive of the Minister of Transportation, the Minister of Fisheries and Oceans and the Canadian Coast Guard to limit the speed of navigation to a maximum of 10 knots when travelling in the designated area.

Following the speed limitation for the protection of right whales, Relais Nordik has to adjust the schedule of the Bella Desgagnés given the longer transit between Sept-Îles — Port-Menier and Port-Menier — Havre-Saint-Pierre, both downstream and upstream.

On the downstream route, the vessel will now leave Rimouski at 9:30 pm on Monday to reach Sept-Îles at 8:30 am on Tuesday. This will compensate for a longer transit between Sept-Îles — Port-Menier — Havre-Saint-Pierre where the reduced speed area applies.

Consequently and until further notice, certain changes to the schedule had to be made for the ports of Rimouski to Port-Menier downstream, as well as for several ports upstream, including all those located from La Romaine to Rimouski. The expected time of arrival at Rimouski is now scheduled at 12:30 pm.

The new schedule, attached to this press release, is also available on the Relais Nordik website at [www.relaisnordik.com](http://www.relaisnordik.com).

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# PROVISIONING EXPLORING

## MODIFIED SCHEDULE ACCORDING TO 10 KNOTS SPEED LIMIT (April 28, 2019 until speed regulation is lifted by the Government of Canada)

### DOWNSTREAM VOYAGE

PORT	ARRIVAL	TIME	DEPARTURE	TIME
Rimouski			Monday	9:30 p.m.
Sept-Îles	Tuesday	08:30 a.m.	Tuesday	12:30 p.m.
Port-Menier	Tuesday	8 p.m.	Tuesday	10:15 p.m.
Havre-Saint-Pierre	Wednesday	4:45 a.m.	Wednesday	6:45 a.m.
Natashquan	Wednesday	1:30 p.m.	Wednesday	3 p.m.
Kegaska	Wednesday	5:45 p.m.	Wednesday	7:45 p.m.
La Romaine	Wednesday	10:15 p.m.	Thursday	1 a.m.
Harrington Harbour	Thursday	7:45 a.m.	Thursday	10:15 a.m.
Tête-à-la-Baleine	Thursday	12 p.m.	Thursday	2:30 p.m.
La Tabatière	Thursday	4:30 p.m.	Thursday	6:30 p.m.
Saint-Augustin	Thursday	9:45 p.m.	Thursday	11:45 p.m.
Blanc-Sablon	Friday	6:30 a.m.	Friday	11 a.m.

### UPSTREAM VOYAGE

PORT	ARRIVAL	TIME	DEPARTURE	TIME
Saint-Augustin	Friday	4 p.m.	Friday	5:30 p.m.
La Tabatière	Saturday	0:15 a.m.	Saturday	1:45 a.m.
Tête-à-la-Baleine	Saturday	3:45 a.m.	Saturday	4:45 a.m.
Harrington Harbour	Saturday	6:30 a.m.	Saturday	8 a.m.
La Romaine	Saturday	2:45 p.m.	Saturday	4:45 p.m.
Kegaska	Saturday	7:15 p.m.	Saturday	8:45 p.m.
Natashquan	Saturday	11:30 p.m.	Sunday	0:30 a.m.
Havre-Saint-Pierre	Sunday	7:15 a.m.	Sunday	8:45 a.m.
Port-Menier	Sunday	3:15 p.m.	Sunday	5 p.m.
Sept-Îles	Monday	0:30 a.m.	Monday	2:30 a.m.
Rimouski	Monday	12:30 p.m.		

P.S.: Eastern daylight time (EDT) schedule.

### Important note

The M/V Bella Desgagnés' primary mission is to transport cargo to local communities and provide them with a safe and reliable means of transportation every week. The voyage is not a traditional cruise.

The duration of port calls is therefore determined based on the time needed to load and unload cargo. The time may also be increased or decreased if, for diverse operational reasons, the ship must make up for a delay or adjust its schedule due to unfavorable sailing conditions.

Given the constraints of sailing conditions the timetable is in no way guaranteed. If you have made arrangements to use the services of another public carrier (plane, ferry, motor-coach or rail services) to return home at the end of your sea voyage, we recommend that you give yourself a 36 to 48 hour window between disembarking from the vessel and your embarkation with the subsequent carrier.