



**Relais
Nordik inc.**

Press Release

For Immediate Release

FALL - WINTER SCHEDULE FOR M/V BELLA DESGAGNÉS

Rimouski, October 10, 2019 — Relais Nordik, operator of the coastal supply ship service for Anticosti Island and the Lower North Shore, announced today that its autumn schedule will be in effect as of Monday, October 14, 2019. The carrier is confident that these schedule modifications will respond adequately to the needs of local users of the service from October through January inclusively.

This schedule takes into consideration the speed limit imposed for the protection of right whales and will return to the regular fall-winter schedule as soon as it is lifted by the Government of Canada. The Company asks that customers who already have a reservation consider this schedule in order to adjust their travel accordingly.

A copy of this schedule was supplied with this announcement and may also be consulted on the Company's website at the following address: www.relaisnordik.com. The Company suggests that its clients follow the M/V *Bella Desgagnés*' progress via the Company's website <http://position.desgagnes.com/rni.asp>, which will be regularly updated or to check with their local agent for the expected arrival and departure times of the vessel at their port location.

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Source: Jean Fortin
Operations Manager
Relais Nordik Inc.
Tel.: (418) 723-8787
www.relaisnordik.com

PROVISIONING EXPLORING

FALL—WINTER SCHEDULE 2019–2020 SEASON (October 14, 2019, until speed regulation is lifted by the Government of Canada*)

DOWNSTREAM VOYAGE

PORTS	ARRIVAL	TIME	DEPARTURE	TIME
Rimouski			Monday	9:15 p.m.
Sept-Îles	Tuesday	8:15 a.m.	Tuesday	12:15 p.m.
Port-Menier	Tuesday	7:45 p.m.	Tuesday	10 p.m.
Havre-Saint-Pierre	Wednesday	5 a.m.	Wednesday	7 a.m.
Natashquan	Wednesday	1:45 p.m.	Wednesday	3:15 p.m.
Kegaska	Wednesday	6 p.m.	Wednesday	8 p.m.
La Romaine	Wednesday	10:30 p.m.	Thursday	1:15 a.m.
Harrington Harbour	Thursday	8 a.m.	Thursday	10:30 a.m.
Tête-à-la-Baleine	Thursday	12:15 p.m.	Thursday	1:45 p.m.
La Tabatière	Thursday	3:45 p.m.	Thursday	5:45 p.m.
Saint-Augustin	Thursday	9:15 p.m.	Thursday	11:15 p.m.
Blanc-Sablon	Friday	6 a.m.	Friday	10:30 a.m.

UPSTREAM VOYAGE

PORTS	ARRIVAL	TIME	DEPARTURE	TIME
Saint-Augustin	Friday	3:30 p.m.	Friday	5 p.m.
La Tabatière	Friday	11:45 p.m.	Saturday	1:15 a.m.
Tête-à-la-Baleine	Saturday	3:15 a.m.	Saturday	4:15 a.m.
Harrington Harbour	Saturday	6 a.m.	Saturday	7:30 a.m.
La Romaine	Saturday	2:15 p.m.	Saturday	4:15 p.m.
Kegaska	Saturday	6:45 p.m.	Saturday	8:15 p.m.
Natashquan	Saturday	11 p.m.	Sunday	0:01 a.m.
Havre-Saint-Pierre	Sunday	6:45 a.m.	Sunday	8:15 a.m.
Port-Menier	Sunday	3:15 p.m.	Sunday	5 p.m.
Sept-Îles	Monday	0:30 a.m.	Monday	2:30 a.m.
Rimouski	Monday	1:30 p.m.		

P.S.: Eastern Daylight Time (EDT) schedule: October 14th to November 2, 2019.

Eastern Standard Time (EST) schedule: November 3, 2019, to January 12, 2020.

* This schedule takes into consideration the speed limit imposed for the protection of right whales.

Important note

The M/V Bella Desgagnés' primary mission is to safely transport cargo to local communities and provide them with a reliable and safe means of transportation every week. The voyage is not a traditional cruise.

Stopovers are therefore determined based on the time needed to load and unload cargo. The duration of stopovers may also be increased or decreased if, for a number of operational reasons, the ship must make up for a delay or adjust its schedule due to unfavorable sailing conditions.

Given the constraints of sailing conditions the timetable is in no way guaranteed. If you have made arrangements to use the services of another public carrier (plane, ferry, motor-coach or rail services) to return home at the end of your sea voyage, we recommend that you give yourself a 36 to 48 hour window between disembarking from the vessel and your embarkation with the subsequent carrier.